

LifeGuides Exists To Rapidly Respond to YOUR Life Challenges

Navigating An Emerging New Reality: Global Pandemic

Our Guides are available to speak with you/your adult family members one-on-one, to join our expert curated webinars, or brainstorm solutions to challenges in our online community.

Life Challenges Are Inevitable

In times like these, we all need caring, intelligent, personalized human connection. This is the very reason LifeGuides exists, so you are never alone and receive the support you need.

Our Guides are a doorway to a broad range of carefully vetted and just-in-time resources, and as our Guides and customer community grows our collective intelligence expands along with our ability to serve your needs and specific Life Challenges.

We're all in this together and are here to support you. In response to this pandemic, we've added topics to our dynamic and responsive platform to assist you with the stress and challenges you are likely experiencing, including:

Working from home

Preparedness

Immune system health

Work-life-family disruptions

Talking with your children

How to educate children virtually/at-home

Best vetted resources (online)

Caregiving – in-home & at-distance

Stress Management

Finding inner peace & emotional well-being

Please access this link for immediate support:

www.my.lifeguides.com

Scheduling with a Guide is easy and **there is no cost to you.**

